The Prophet (may Allah's peace and blessings be upon him) did not observe a voluntary prayer more regularly than the two Rak‘ahs of Fajr

‘Ā’ishah, the Mother of the Believers (may Allah be pleased with her), reported: The Prophet (may Allah's peace and blessings be upon him) did not observe a voluntary prayer more regularly than the two Rak‘ahs of Fajr.

[Authentic] [Agreed upon]

The Mother of the Believers, ‘Ā’ishah (may Allah be pleased with her), reported that the Prophet (may Allah's peace and blessings be upon him) was never more consistent, diligent, and careful in performing any voluntary prayer than he was with the two Sunnah Rak‘ahs before the Fajr prayer.

http://www.sunnah.global/hadeeth/en/show/3440