I have told you repeatedly to use the tooth-stick

Anas (may Allah be pleased with him) reported that the Messenger of Allah (may Allah's peace and blessings be upon him) said: "I have told you repeatedly to use the tooth-stick."

[Authentic hadith] [Narrated by Bukhari]

Hadīth explanation: The Prophet (may Allah's peace and blessings be upon him) stressed using the tooth-stick. He repeatedly advised his followers to use it at all times, as a recommended action and not an obligation, due to the many and great benefits it involves, the greatest of which is that it is pleasing to Allah, Glorified and Exalted, [as mentioned in the famous authentic Hadīth: “The tooth-stick cleanses the mouth and pleases the Lord.”

http://www.sunnah.global/hadeeth/en/show/3572