# Whoever fasts a day in the way of Allah, Allah will keep his face away from the Fire seventy falls

Abu Sa‘īd al-Khudri (may Allah be pleased with him) reported: I heard the Messenger of Allah (may Allah's peace and blessings be upon him) say: "Whoever fasts a day in the way of Allah, Allah will keep his face away from the Fire seventy falls."

[Authentic] [Agreed upon]

The Prophet (may Allah's peace and blessings be upon him) clarified that whoever fasts a day in Jihad, and it is said in Jihad or otherwise, sincerely for the sake of Allah, seeking reward and recompense from Allah, then by His grace, Allah will distance him from the Fire seventy years.

http://www.sunnah.global/hadeeth/en/show/4436