It is not from righteousness to fast while traveling

Jābir ibn ‘Abdullah (may Allah be pleased with him) reported: The Messenger of Allah (ﷺ) was on a journey and saw a crowd of people, and a man was being shaded (by them). He asked: "What is the matter with that (man)?" They said: He is fasting. Thereupon, he said: "It is not from righteousness to fast while traveling." In another version by Muslim, he said: "Take advantage of the concession that Allah has granted you."

[Authentic] [Agreed upon]

The Messenger of Allah (ﷺ) was on a journey and saw a man over whom people had gathered, shading him from the heat of the sun and his intense thirst. The Prophet (ﷺ) asked: What is the matter with him? They said: He is fasting. He said: It is not an act of righteousness to fast while traveling. You should accept Allah's concession that He has granted you.

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