Whoever forgets while fasting and eats or drinks, let him complete his fast, for it is Allah Who fed him and gave him drink

Abu Hurayrah (may Allah be pleased with him) reported: The Messenger of Allah (may Allah's peace and blessings be upon him) said: "Whoever forgets while fasting and eats or drinks, let him complete his fast, for it is Allah Who fed him and gave him drink."
[Authentic] [Agreed upon]

The Prophet (may Allah's peace and blessings be upon him) clarified that whoever eats or drinks forgetfully while fasting, whether the fast is obligatory or voluntary, should complete his fast and not break it because he did not intend to break the fast; rather, it is sustenance that Allah provided him with, and it is Allah Who fed him and gave him drink.

http://www.sunnah.global/hadeeth/en/show/4525