Whoever loves to have his sustenance expanded and his term of life prolonged should maintain his kinship ties

Anas ibn Mālik (may Allah be pleased with him) reported: The Messenger of Allah (may Allah’s peace and blessings be upon him) said: "Whoever loves to have his sustenance expanded and his term of life prolonged should maintain his kinship ties."

[Authentic] [Agreed upon]

The Prophet (may Allah's peace and blessings be upon him) urges the upholding of kinship ties by visiting, physically and financially honoring, and the like. It points out that it is a cause for expanding sustenance and prolonging lifespan.

http://www.sunnah.global/hadeeth/en/show/5372