O boy, mention Allah's name, eat with your right hand, and eat from what is nearer to you

‘Umar ibn Abi Salamah (may Allah be pleased with him) reported: I was a young boy under the care of the Messenger of Allah (may Allah's peace and blessings be upon him), and my hand used to wander all over the platter (of food). The Messenger of Allah (may Allah's peace and blessings be upon him) said, "O boy, mention Allah's name, eat with your right hand, and eat from what is nearer to you." Since then, I have been eating that way.

[Authentic] [Agreed upon]

Umar bin Abi Salamah, may God be pleased with them both, the son of the wife of the Prophet, may God bless him and grant him peace, Umm Salamah, wife Umm Salamah (may Allah be pleased with her) - and he was under his upbringing and care - narrates that while eating, he used to move his hand all over the platter to pick up food, so the Prophet, (may Allah's peace and blessings be upon him), taught him three etiquettes of Eating etiquette: First: Saying 'bismillāh' (in the name of Allah) when beginning to eat. Second: Eating with the right hand. Third: Eating from the side next to one.

http://www.sunnah.global/hadeeth/en/show/58120