The Prophet (may Allah’s peace and blessings be upon him) performed ablution by washing the body parts once

Ibn ‘Abbās (may Allah be pleased with him) reported: The Prophet (may Allah’s peace and blessings be upon him) performed ablution by washing the body parts once.
[Authentic] [Narrated by Al-Bukhāri]

When the Prophet (may Allah's peace and blessings be upon him) performed ablution, he would sometimes wash each organ of the organs of ablution once - washing the face - including rinsing the mouth and sniffing water into the nostrils - and the hands and feet once. This is the due amount.

http://www.sunnah.global/hadeeth/en/show/65081