Hey boy, I shall teach you some words: Be mindful of Allah, and Allah will protect you. Be mindful of Allah, and you will find Him at your side. If you ask, ask Allah; if you seek help, seek help from Allah

Abu al-‘Abbās, ‘Abdullah ibn ‘Abbās (may Allah be pleased with him and his father) reported: I was riding behind the Messenger of Allah (ﷺ) one day and he said: "Hey boy, I shall teach you some words: Be mindful of Allah, and Allah will protect you. Be mindful of Allah, and you will find Him at your side. If you ask, ask Allah; if you seek help, seek help from Allah. And know that if the whole people gathered to benefit you with something, they would not benefit you except with what Allah has decreed for you, and if they gathered to harm you with something, they would not harm you except with what Allah has decreed against you. The pens have been lifted, and the scrolls have dried." In another version by other than At-Tirmidhi, it reads: "Be mindful of Allah, you will find Him before you. Recognize Allah at the time of prosperity, and He will recognize you at the time of adversity. And know that what had missed you was not going to befall you, and what had befallen you was not going to miss you. And know that victory comes with patience, relief comes with distress, and ease comes with hardship."

[Authentic] [Narrated by At-Tirmidhi and others]

Ibn ‘Abbās (may Allah be pleased with him) informs that one day, as a boy, he was riding behind the Prophet (ﷺ), and he said to him: I will teach you things by which Allah will benefit you: Be mindful of Allah by observing His commands and prohibitions, finding you engaged in acts of worship and piety, and not finding you committing sins and misdeeds. If you do so, your recompense will be that Allah will protect you from unpleasant things in this world and the Hereafter and support you in your matters wherever you go. If you want to ask for something, do not ask anyone but Allah, for He alone responds to those who ask. And if you need help, do not seek help except from Allah. You should be certain that no benefit will come to you, even if all the earth's inhabitants were to gather together to bring it to you, except if Allah had predestined it for you; and no harm will happen to you, even if all the inhabitants of the earth were to gather together to cause it to you, except if Allah had predestined it for you. Allah Almighty had written and predestined this matter according to His wisdom and knowledge, and whatever Allah had written cannot be changed. Whoever is mindful of Allah by preserving His commands and avoiding His prohibitions, Allah Almighty will be before him, knowing his state, supporting and aiding him. If a person obeys Allah in times of ease, Allah will grant him relief and a way out in times of hardship. Every servant should be content with what Allah has decreed for him, whether good or bad. In the face of trials and hardships, the servant must adhere to patience, for patience is the key to relief. When distress intensifies, relief comes from Allah, and whenever hardship occurs, Allah

follows it with ease.

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