Aan Alla kala keettuɗo huunde e fiyaaku leñol(tomatte) Am ngol o sattanani ɓe sattin e dow makko, kala keettinaaɗo huunde e fiyaaku leñol Am(tomatte am) he o newnani ɓe newnan mbo

Ittaama e Aaysa yo Alla wele mbo(yo allah yardo he makko)o wii: Mi nanii Nelaaɗo yo jam e kisal won e makko ina maaka(ina wii a) e suudu am ndu: " Aan Alla kala keettuɗo huunde e fiyaaku leñol(tomatte) Am ngol o sattanani ɓe sattin e dow makko, kala keettinaaɗo huunde e fiyaaku leñol Am(tomatte am) he o newnani ɓe newnan mbo".
[صحيح] [رواه مسلم]

Annabi yo jam e kisal won e makko ñaagiima(nodde)e dow kala keettinaaɗo huunde e fiyaaku e fiyakuuji juulɓe foti ko famɗunde wollo ko mawnde, foti ko heettinaa ko ko kuuɓtadin ɗum, wollo ko keeriɗum, o naatni e maɓɓe satteende o newanaaki ɓe, Alla yoɓat mbo leñol golle makko O sattinana mbo. Kala newnanɗo ɓe o weeɓnani ɓe geɗe maɓɓe Alla newnana mbo weeɓnana mbo geɗe makko.

http://www.sunnah.global/hadeeth/ff/show/5330